

ZAYA'S TCB MARTIAL ARTS SCHOOL

A school dedicated to the Martial Arts Legacy of Mr. Elvis Presley



Above: Zao Zao with left to right: his American Kenpo Karate Instructor Sensei Tim Cullen, his Taekwondo Instructor Sensei Danco Jacovski, his Kung Fu and Kickboxing Instructor Master Elda Costas and his Kenpo Karate Instructors Mr Greg McLulliffe and Mr John Van Wijk. Left: The TCB Little Tigers with three entries and three wins at the CCP 1999 Full Contact Amateur Kickboxing Event.



stylist, Shotokan Karate with Sensei Murakami Tetsuji and Jurgen Seydel, Pasaryu Taekwondo and Kung Fu system with Master Kang Rhee and Kenpo's Ed Parker.

With over sixteen years experience by 1974 Elvis held an 8th Degree Black Belt. Now you're thinking Elvis wasn't that good and he paid for his belts, we can't say that anybody is really that good, everybody has their own level, but that's not what martial arts is about, its about teaching people discipline, self respect as well as respecting others, friendship, generosity, development etc.

And that's where Elvis excelled, he had generosity, he helped his friends and even those he didn't know, he donated money not only to charity, but also to martial arts schools. He talked about martial arts training explaining different aspects such as kata, styles, and ranks on stage in concerts and on television shows. Elvis also sponsored an American Karate team to tour Europe, he also had a dream project to do a documentary on martial arts, which he began and is currently owned by one of his training partners.

So you see, Elvis might not have been the best fighter, but he sure did a lot to promote and bring awareness of the martial arts to the general public, and that was even years before Bruce Lee and I'm sure a lot of people would have got involved in martial arts because of Elvis, 10% of 50,000,000 Elvis fans can't be wrong in doing some sort of martial arts.

In the U.S.A the TCB karate and martial arts system is run by Wayne Carman, whom I had the pleasure of meeting along with Master Kang Rhee. I was honoured that they would share the experiences that

The TCB Martial Arts School is now in Australia, and yes, you read it right, it is a school influenced by Elvis Presley.

This school is the first of its kind in Australia and the second in the world. There are schools that carry the martial arts legacy of Elvis Presley but none that carry the name of the system TCB.

The style itself is a combination of Kung Fu, Karate, Kenpo, Taekwondo and Kickboxing. Kung Fu and Kenpo being the softer, more flowing side, whereas the Karate, Taekwondo and Kickboxing are the rigid and hard side of this style.

TCB (taking care of business) and in TCB Martial Arts Taking Care of Business means by combining all techniques into one based on the first TCB System founded by the late Mr Elvis Presley.

Now where does Elvis fit into this? Read on and let me tell you.

As a young man I wasn't too keen on the

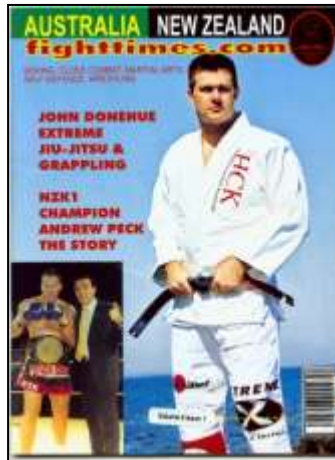
martial arts and the martial arts movies of the time; they seemed to dance too much with fights lasting for hours with opponents jumping around and so perfect, some today are just a joke, a show of poor technique and no realism. But my interest was upheld and my curiosity teased by Elvis movies.

In every Elvis movie there are at least one or two fight scenes and if you look carefully you will see the martial arts content. The fights are quick, the techniques are effective, and yes, the hero did get hit.

To me this was much more realistic than a lot of other movies I had seen, so through this I investigated and found that Elvis did study martial arts and that he was more involved than anybody really knew.

Elvis began training when he was in the army around 1958/60. He studied with masters such as Hank Slamunski Chito Ryu

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they had with Elvis with me. Let me introduce myself, my name is Zaya Zaya and I run TCB Martial Arts School in Australia. In this martial arts system I have incorporated a few different styles, taking bits and pieces to make one following the Elvis Presley TCB techniques. I basically teach all styles so that students know how martial artists of certain styles fight, move or defend

themselves, enabling them to counter attack more effectively. The following are the basics of the TCB Martial Arts taught to beginners: stances, footwork, kung fu blocks, karate blocks, Kung fu form, punches, kicks, combinations, unarmed self defences, sparring. Apart from the physical training there is the mental training of philosophy,

discipline, body language, control, meditation and respect. Simply put you develop yourself and our life in a more positive and meaningful way. And that is all I have to say for now and in conclusion I would like to say Elvis sure kicked butt in Rock 'n' Roll and I'm also sure he could kick a butt or two in martial arts. Thank you, Thank you very much!

